

## Cleaning Instructions

SomTabs is recommended by SomnoMed® for the gentle and thorough cleaning of SomnoMed® devices. SomTabs thoroughly clean the hard-to-reach areas of your device and effectively eliminate bacteria and odors.

**Always** clean your device in the morning immediately after having removed it from your mouth!



Dissolve a SomTabs tablet in sufficient amounts of warm water in the travel case (approx. 35 °C / 95 °F).

**Never use hot water as hot water damages your device and will invalidate the warranty.**



Carefully place your SomnoDent® device in the travel case. All parts must be completely immersed in the cleaning solution.



After about 15 minutes, remove the device and small parts from the travel case. **Make sure not to lose any small parts!** Empty the solution from the travel case.



After having removed the device from the travel case, thoroughly brush it with a tooth brush and rinse it under cool running water.



Clean the metal components of the SomnoDent® Flex, Edent, Classic, or Herbst devices with a cleaning brush or a toothbrush.



Dry all parts of the device and the travel case carefully and thoroughly using a clean towel.



When not in use, the device should be stored as per your SomnoMed® device instructions for use.



Important:  
Keep your device away from direct sunlight.

### Caution:

**Do not use toothpaste, as it contains abrasives, and may damage the device.**



Do not put SomTabs tablets into the mouth.



Do not swallow the cleaning solution and do not use it as a mouthrinse.

### Contents:

Sodium Bicarbonate, Potassium Caroate, Citric Acid, Sodium Citrate, Sorbitol, Sodium Lauryl Sulfate, Sodium Percarbonate, CI 73015.

### Ordering SomTabs refills:

Make sure you never run out of SomTabs to clean your device. Order your SomTabs refills in advance.

Simply fill in the order form and send to SomnoMed®, or place your order online by logging on to the SomnoMed® website at [www.somnomed.com](http://www.somnomed.com)